

## Shared Decision-making, moral psychology and "familycenteredness": the case of parents and adolescents

Christian Munthe & Anders Herlitz

christian.munthe@gu.se



Standard SDM Approach: delibarative decision making under assumption of robustness

### CONTEXT OF CLINICAL DECISION MAKING

Shared Decision Making (SDM)



Rational, autonomous and health-promoting decisions in care meetings

### CONTEXT OF CARE EXECUTION

Assumption 1: Care is executed by experts

Assumption 2: P is a robust decision maker

ERGO: Good decision results in adequate care



# Self-care, adherence: habitual decision making not necessarily robust

#### Shared Decision Making (SDM)



Rational, autonomous and health-promoting decisions in care meetings



Robustness can often not be assumed: Young ppl, elderly, mental ill-health...



# Self-care, adherence: habitual decision making not necessarily robust: **weak capacity to take responsibility**



Rational, autonomous and health-promoting decisions in care meetings



Self-care, adherence: habitual decision making not necessarily robust **and sensitive to family dynamics** 



#### Shared Decision Making (SDM)



Rational, autonomous and health-promoting decisions in care meetings

- 1. Internalization of care goals
- 2. Perception of choices

+/-

3. Emotional feedback

Capabilities Health Autonomous life Virtues

+/-

Caring Infrastructure Basic needs Development Relational qualities



## Bringing family into deliberative SDM? How and when?



Rational, autonomous and health-promoting decisions in care meetings





Capabilities Health Autonomous life Virtues

+/-

Caring Infrastructure Basic needs Development Relational qualities

www.gu.se



## Questions we're pondering ...

- Family as consultant or participant or object of care-action in SDM?
- Structural action towards family: education within H-C, etc?
- Structural action beyond H-C  $\rightarrow$  where does H-C responsibility end?
- Generalisation to other cases than young child parent: spouse, adult child – elderly relative, dysfunctional family member …
- Risk of undermining relational values (actual concern of h-c staff)
- Risk of having patients instrumentalized for the "good of the family"