# A Descriptive Study of Work Groups in the Swedish and U.S. Economy

Susan A. Wheelan & Christian Jacobsson

GRASP, Linköping University, may 22-23, 2014

Susan A. Wheelan, Ph.D. 16 Aunt Sukey Way Provincetown, MA 02657 508•487•3750 gdq@gdqassoc.com www.gdqassoc.com

Christian Jacobsson, Ph.D. University of Gothenburg Dept of Psychology Christian.jacobsson@psy.gu.se

# A Descriptive Study of Work Groups in the Swedish and U.S. Economy Susan A. Wheelan & Christian Jacobsson

The purpose of this study was to explore the relationship between the internal dynamics of work groups and productivity. Specifically work group size and group age in months will be analyzed. Next, the characteristics of work groups in four sectors of the U.S. and Swedish economy, business, manufacturing, education and health care work groups are explored, with regard to the stages of work group development and productivity.

#### WORK GROUP DEVELOPMENT

The concept of work group development is well documented in the literature (e.g., Bennis & Shepard, 1956; Bion, 1961; Mann, 1966; Wheelan, 2005). Researchers have conducted extensive reviews of the literature to consolidate previous work and to propose a unified model of group development (e.g., Tuckman, 1965; Tuckman & Jensen, 1977; Wheelan, 2005). A brief description of the integrated model of group development follows. The validity of the integrated model has been established in a number of investigations (Verdi & Wheelan, 1992; Wheelan & Abraham, 1993; Wheelan, Davidson, & Tilin, 2003; Wheelan & Krasick, 1993; Wheelan & McKeage, 1993).

The first stage of group development (<u>dependency and inclusion</u>) is characterized by significant member dependency on the designated leader, concerns about safety, and inclusion issues. In Stage 1, members rely on the leader to provide direction. Group members may engage in activities such as exchanging stories about outside events or other activities that are not relevant to group goals. During this stage, members tend to agree with the suggestions made by the leader. Productivity levels during Stage 1 tend to be low. The second stage of group development is referred to as a period of counterdependency. At Stage 2, members often disagree among themselves about group goals and procedures. Conformity with emerging group norms, evident at Stage 1, decreases. Conflict is an inevitable part of this stage. The group's task is to develop a unified set of goals, values, norms, and operational procedures. That task inevitably generates some conflict, which is necessary for the establishment of trust and a climate in which members feel free to disagree with each other.

If the group manages to work through the inevitable conflicts of Stage 2, member trust, commitment to the group, and willingness to cooperate increase. Also, communication becomes more open and task oriented. The third stage of group development, referred to as the trust and structure stage, is characterized by mature negotiations about roles, organization, and procedures. Stage 3 also is a time in which members work to solidify positive work relationships with each other. Member conformity with group goals and norms increases during Stage 3 because consensus about these goals and norms has been achieved. Group productivity begins to increase as well. The fourth stage of group development is a time of intense productivity and effectiveness. Having resolved many of the issues of the previous stages, group members and the leader can focus their energy on goal achievement and task accomplishment.

Based on this well documented theory, this study analyzed 857 work groups, group stages, group age in months and group size. 816 work groups in four sectors of the U.S. economy were explored as well. In addition, 764 Swedish work groups from four sectors were analyzed.

# Work Group Stages US n = 857

STAGE I	STAGE II
202	183
23%	21.4%
STAGE III	STAGE IV
294	178
34.3%	20.8%

# Work Group Stages Swedish n = 764

STAGE I	STAGE II
219	164
28.7%	21.5%
STAGE III	STAGE IV
228	153
29.8%	20%

How long does the development process take in months? US

STAGE I	STAGE II
2.6	3.1
STAGE III	STAGE IV
4.7	4.7 – 8.5

How long does the development process take in months? Swedish Mean age of groups between 1-12 months old, n = 210, M = 7.3

STAGE I	STAGE II
6.4	7.1
STAGE III	STAGE IV
8.0	8.2

# WORK GROUP AGE

# 458 Work Groups, Age in Months US

1-5	6-10
N = 108	N = 151
23%	33%
11-15	16-20
N = 116	N = 83
25%	19%

#### 323 Work Groups, Age in Months Swedish

1-5	6-10
N = 104	N = 89
32%	28%
11-15	16-20
N = 78	N = 52
24%	16%

### WORK GROUP SIZE

# 709 Work Groups and Size US

3-7	8-12
N = 327	N = 243
46%	34%
13-17	18+
N = 56	N = 83
8%	12%

# 748 Work Groups and Size Swedish

Mean size = 7.4 members

3-7	8-12
N = 421	N = 274
56%	37%
13-17	18+
N = 41	N =12
5%	2%

# 175 Manufacture Work Groups US

STAGE I	STAGE II
N = 39	N = 43
23%	24%
STAGE III	STAGE IV
N = 54	N = 38
31%	22%

#### 207 Manufacture Work Groups Swedish

STAGE I	STAGE II
N = 82	N = 47
39%	23%
STAGE III	STAGE IV
N = 60	N = 18
29%	9%

# 128 Education Work Groups US

STAGE I	STAGE II
N = 28	N = 20
21%	16%
STAGE III	STAGE IV
N = 48	N = 32
38%	25%

# 255 Education Work Groups Swedish

STAGE I	STAGE II
N = 50	N = 43
20%	17%
STAGE III	STAGE IV
N = 88	N = 74
34%	29%

# 97 Health Care Work Groups US

STAGE I	STAGE II
N = 21	N = 27
22%	28%
STAGE III	STAGE IV
N = 32	N = 17
32%	18%

# 79 Health Care Work Groups Swedish

STAGE I	STAGE II
N = 19	N = 36
24%	46%
STAGE III	STAGE IV
N = 13	N = 11
16%	14%

# 416 Business Work Groups US

STAGE I	STAGE II
N = 113	N = 82
27%	20%
STAGE III	STAGE IV
N = 128	N = 93
30%	23%

# 160 Business Work Groups Swedish

STAGE I	STAGE II
N = 47	N = 24
29%	15%
STAGE III	STAGE IV
N = 51	N = 38
32%	24%

# Conclusions

- There is a similar distribution of groups per stages (I IV) in the Swedish and US economy, although 5% more stage I and 5% less stage III in Sweden
- Sweden seems to have somewhat smaller groups
- Mean age of young (range 1-12 months) stage IV groups is 8,2 months (range 3 - 12 months)
- Comparisons over sectors ...
  - Manufacture: Sweden more stage I and less stage IV (diff. samples?)
  - Education: No difference
  - Health Care: Sweden more stage II and less stage III (diff. samples?)
  - Business: No differences

# Thank you for listening!

Susan & Christian